

主席前言

Chairperson's Foreword



主席張啟斌醫生
Dr Cheung Kai Bun, Chairperson

2022 年伊始，香港第五波 2019 冠狀病毒肺炎疫情便來勢洶洶，社會風雨飄搖。由於疫情仍然嚴峻，政府被迫再度收緊抗疫及社交距離措施。面對疫情的反覆及對醫療服務帶來的衝擊，家計會迎難而上，繼續緊守崗位，上下一心，捍衛市民的性與生殖健康。

家計會自七十年代起致力推動香港性教育的發展，一直為校內學生、大專院校及公眾人士舉辦各式性教育活動，定期為教師、社工、家長和醫護人員提供訓練課程。適逢家計會賽馬會青 ZONE 活動及資源館（ARC）成立十週年，本會於 2022 年 8 月 20 日舉辦開放日，提供不同親子性教育遊戲攤位、家長諮詢服務、和諧粉彩體驗、繪本故事分享會、環保工作坊等精彩活動，讓孩子寓學習於娛樂，輕鬆學懂如何保護自己，分辨好壞接觸和認識性別平等概念。

隨著疫後的社會復常，家計會婦女會聯同賽馬會流金匯以及另外四間社會服務機構，得

It had been a stormy start of Hong Kong since the beginning of 2022 with the 5th wave of the COVID-19 pandemic. The government tightened existing social distancing measures as the epidemic situation remained severe. Despite the volatile epidemic situation and the challenge to our service provision, the Association staff had joined hands to safeguard the sexual and reproductive health of the general public.

The Association has been dedicated to advocating sexuality education in the local community since 1970s. Various sexuality education programs are offered to students, tertiary institutions, and the general public. Regular training programs targeting at teachers, social workers, parents and healthcare professionals are provided. 2022 marked the 10th Anniversary of the FPA Jockey Club Youth Zone Activity & Resource Centre (ARC), an Open Day targeting parents and their children was held on 20 August 2022. Activities included different parent-child education game booths, parent consultation services, Pastel Nagomi Art, story-telling workshops, environmental-friendly handcrafts, etc. Children had a good learning experience with great fun. They learnt how to protect themselves, distinguish between good and bad contacts, and recognize gender equality concept.

With the orderly resumption of normal lives after the COVID-19 pandemic, the Association introduced a new programme. The Association launched the Jockey Club “Shining Journey 50+” Women Wellness Programme targeting women aged 50 to 64 in July 2022, co-organizing with the Jockey Club Cadenza Hub and four social service organizations, funded by the Hong Kong Jockey Club Charities Trust. The programme takes reference from the Integrated care for older people (ICOPE) of the World Health Organization, a guidance for person-centred assessment and pathways in primary care.

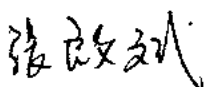
Since 1967, the Association has conducted the Survey on Family Planning Knowledge, Attitude and Practice (KAP) in Hong Kong every five years. For more than 50 years, it has provided valuable information for the government, experts

到香港賽馬會慈善信託基金撥款捐助，於2022年7月起推行全港專為50–64歲的婦女而設的「賽馬會『50展新晴』婦女健康計劃」。此計劃是以世界衛生組織的《老年人綜合照護指南》(ICOPE)為藍本，應用一套以人為本的評估及初級護理的路徑指南。

家計會自1967年起每五年進行一次「香港家庭計劃知識、態度及實行調查」，五十多年來為政府、專家及學者提供寶貴資料，協助制定政策、改善服務，以至作為訂定社會日後發展的參考。2022年開展了這項研究的第十二次調查，並首增網上問卷，期待調查完成後與大家分享結果。

本會繼續與兩岸及海外團體緊密合作，共同推廣性與生殖健康。2022年11月21–25日，國際計劃生育聯合會（國際計生聯）在哥倫比亞波哥大以實體及網上混合形式舉行會員大會，因應疫情，本會代表以網上形式參與。2021年11月，國際計生聯的專家團隊對本會進行認證審核，我們積極跟進認證團隊提出的各項改善建議，並已經完全達到了規定的四十八項標準，通過會員資格的重新認證。我謹代表家計會對員工及義工的無私奉獻，致以衷心感謝。

展望未來發展，疫後必須盡快復常並抓緊新機遇，我們將承先啟後，開拓創新思維，加強與社會各界之合作，服務社會。



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and scholars, helping to formulate policies, improve services, and serve as a reference for future development. The twelfth survey of this study has commenced in 2022, with the use of online questionnaire for the first time. We look forward to sharing the results after the survey is completed.

The Association continues to work closely with cross-strait and overseas groups to jointly promote sexual and reproductive health. The International Planned Parenthood Federation (IPPF) successfully held its General Assembly in Bogotá, Columbia on 21–25 November 2022 on a hybrid mode with the Association participation via zoom. Our Association had undergone an IPPF's accreditation in November 2021. The Association reviewed and followed up on the accreditation team's recommendations and achieved the 48 essential membership standards and passed the re-accreditation. I would like to express my heartfelt thanks to our staff and volunteers for their relentless efforts.

Looking forward, to revive after the epidemic and seize the new opportunities, we will inherit past traditions, break new grounds for the future and bring innovative ideas to collaborate closely with different sectors to serve the Hong Kong society.



Dr Cheung Kai Bun
Chairperson