

# 機構簡介

## Corporate Profile

香港家庭計劃指導會為志願機構，致力為港人提供性與生殖健康方面的資訊、教育、醫療及輔導服務。

The Family Planning Association of Hong Kong (FPAHK), a non-profit making organization, advocates, promotes and provides information, education, medical and counselling services in Sexual and Reproductive Health for the community.

### 使命

提倡及推廣「性與生殖健康及權利」，為個人、家庭和社會提供有關資訊、教育及服務。

### Mission

To advocate and promote sexual and reproductive health and rights and to provide related information, education and services for individuals, families and the community.

### 我們的策略

為實踐使命，我們以下的策略：

1. 為不同年齡的男女提供優質整合保健及輔導服務。
2. 向青少年推行家庭生活教育及性教育，並為家長及專業人士提供有關培訓。
3. 就「性與生殖健康」、家庭計劃、家庭健康、青少年與性、最新避孕方法等，加強進行研究工作。
4. 與社區伙伴合作，協力推動建立健康、快樂及和諧的家庭。
5. 與政府、國際家庭計劃組織、及其他本地和海外團體合作，推廣「計劃生育、克盡親職」和「性與生殖健康」。
6. 透過發展資源、審慎理財、及以果效為本的服務，定期檢討營運，確保達至具成本效益的持續發展。

### Our Strategies

To implement our Mission, we have the following strategies:

1. To offer holistic and quality clinical and counselling services to men and women of all ages.
2. To provide family life and sexuality education to young people and training to parents and professionals.
3. To conduct and strengthen research in sexual and reproductive health, family planning, family health, youth sexuality, new contraceptive methods, etc.
4. To collaborate with community partners in promoting healthy, happy and harmonious families.
5. To collaborate with Government, international family planning organizations and other local or overseas organizations to promote responsible parenthood and sexual and reproductive health.
6. To attain sustainability through resources development, prudent financial management, outcome-oriented services and constant review of operations to ensure cost-effectiveness.

## 我們的價值觀

作為一個在香港致力推廣家庭計劃及「性與生殖健康及權利」的主要非官方組織，我們堅信：

1. 「性與生殖健康」，包括家庭計劃，是個人與家庭健康幸福的重要元素；
2. 任何人都有權就個人的「性與生殖健康」，作出自願、負責和知情的選擇；
3. 任何人士，不論性別、年齡、種族、宗教、婚姻及經濟狀況，都應得到在「性與生殖健康」方面的合適服務。

## 我們的歷史

### 一九五零年代

- 一九五零年** – 一九三六年成立的香港優生學會經改組後正式命名為香港家庭計劃指導會。
  - 提供節育指導服務。
- 一九五二年** – 國際計劃生育聯合會成立，而香港是其創會成員之一。
- 一九五五年** – 政府開始資助家計會活動。
  - 以個別接觸方式開展推進工作。
- 一九五六年** – 開設生育指導所。

### 一九六零年代

- 一九六四年** – 國際計劃生育聯合會開始提供資助。
- 一九六七年** – 進行全港首次「香港家庭計劃知識、態度及實行調查」。
  - 開展性教育。

### 一九七零年代

- 一九七二年** – 設立參考圖書館。
- 一九七四年** – 政府醫務衛生署將家計會三十二間節育指導所併入母嬰健康院。

## Our Values

As the leading non-government organization dedicated to promoting family planning and sexual and reproductive health and rights in Hong Kong, we believe that

1. sexual and reproductive health including family planning is an essential component of overall health and well-being of individuals and families;
2. the right of individuals to make voluntary, responsible and informed choices concerning their sexual and reproductive health should be respected; and
3. men and women should have access to appropriate services to meet their sexual and reproductive health needs, irrespective of their age, marital status, race, religion and economic status.

## Our History

### 1950s

- 1950** – The Eugenics League, founded in 1936, was reorganized and renamed as The Family Planning Association of Hong Kong.
  - Birth Control Service was offered.
- 1952** – The International Planned Parenthood Federation (IPPF) was set up and Hong Kong was one of its founding members.
- 1955** – The Government began to subvent the Association’s activities.
  - Fieldwork through person-to-person motivation was started.
- 1956** – The Subfertility Clinic was opened.

### 1960s

- 1964** – IPPF started to provide grant support.
- 1967** – The first territory-wide Survey on Family Planning Knowledge, Attitude and Practice in Hong Kong was conducted.
  - Sexuality education was introduced.

### 1970s

- 1972** – The Reference Library was opened.
- 1974** – The Medical and Health Department incorporated the Association’s 32 birth control clinics into its Maternal and Child Health Centres.

- 一九七五年** – 舉辦「兩個夠晒數」運動。
- 一九七六年** – 開設經腹結紮手術服務。
- 一九七七年** – 推出青年輔導服務。
- 一九七八年** – 首間婦女會在魚角臨時房屋區成立。
- 一九七九年** – 推出終止懷孕服務。
  - 提供婚前體格檢查服務。
  - 在越南難民營設立家庭計劃指導所。

### 一九八零年代

- 一九八一年** – 開辦人工授精服務。
  - 以全港在學青少年為對象進行研究，其後發展成為「青少年與性研究」。
- 一九八六年** – 首間由青年輔導服務改組成的青少年保健中心成立於銅鑼灣。
  - 展開「家庭計劃，要做得哥」運動。
- 一九八七年** – 增設教育環節的婚前綜合服務取代婚前體格檢查服務。
- 一九八八年** – 家計會總部遷往灣仔修頓中心，並於一九八九年正式開幕。

### 一九九零年代

- 一九九一年** – 開展醫護資訊管理系統。
- 一九九二年** – 推出婦科檢查服務。
- 一九九八年** – 開設流動診所。
  - 開辦懷孕前驗身服務。
  - 開展為期三年的新移民教育資訊計劃。
- 一九九九年** – 開辦更年期服務。
  - 設立家計會網頁。
  - 推出性教育流動圖書館。

- 1975** – The “Two is Enough” Campaign was launched.
- 1976** – Mini-laparotomy sterilization was introduced.
- 1977** – The Youth Advisory Service was set up.
- 1978** – The first Women’s Club was opened in Yue Kok Temporary Housing Area.
- 1979** – Pregnancy termination operation was introduced.
  - Pre-marital Medical Check-up Service was set up.
  - Family Planning Clinics were set up in Vietnamese Refugee Camps.

### 1980s

- 1981** – Artificial Insemination by Donor Service was introduced.
  - A study of Hong Kong school youth was carried out, later developing into the Youth Sexuality Study.
- 1986** – The first Youth Health Care Centre evolved from the Youth Advisory Service and was set up in Causeway Bay.
  - The “Be a Mr Able in Family Planning” Campaign was launched.
- 1987** – The Pre-marital Package Service incorporating an educational component replaced the Pre-marital Medical Check-up Service.
- 1988** – The Association’s Headquarters moved to Southorn Centre in Wan Chai, and opened officially in 1989.

### 1990s

- 1991** – The Clientele Management Information System was started.
- 1992** – The Gynaecological Check-up Service was introduced.
- 1998** – The Mobile Clinic was opened.
  - The Pre-pregnancy Preparation Service was commenced.
  - A three-year education and information project for new arrivals was started.
- 1999** – The Menopause Service was introduced.
  - The Association’s web page was launched.
  - The Community Level Sexuality Education Mobile Library was opened.

二零零零年代

- 二零零一年 – 推出男性保健服務。
- 二零零二年 – 開辦「婚姻成長小組」工作坊。
- 二零零三年 – 開設子宮頸病診所。
- 首辦「子宮頸細胞採樣護士持續進修課程」，配合政府推出子宮頸普查計劃。
- 二零零四年 – 推出理遺護理合作服務。
- 首辦「生殖與性健康護士持續進修課程」及「非專科醫生持續進修課程」。
- 二零零五年 – 開設骨質疏鬆診所及梅艷芳健康中心。
- 二零零七年 – 荃灣中心開幕。
- 展開「性治療」服務。
  - 開設乳房保健診所。
- 二零零八年 – 結束人工授精服務。
- 開展「懂得愛·愛得喜」青少年心性教育運動。
- 二零零九年 – 大圍診所開幕。
- 開辦乙型肝炎評估診所。
  - 推出早期懷孕評估服務。

二零一零年代

- 二零一零年 – 慶祝家計會成立六十周年。
- 主辦首次在港舉行的第四屆亞洲性教育會議。
- 二零一一年 – 流動診所退役。
- 開辦藥物終止早期懷孕服務。
  - 推出「家計會賽馬會青春斗教學車」。
- 二零一二年 – 「家計會賽馬會青 Zone」開幕。

2000s

- 2001 – The Well Men Clinic was opened.
- 2002 – Marriage and Sex Counselling was introduced.
- 2003 – The Cervical Disease Clinic was opened.
- The first Smear Taker Training Course in Hong Kong was introduced to support the Government’s territory-wide Cervical Screening Programme.
- 2004 – Continence Shared Care Service was introduced.
- The first Continuing Nursing Education (CNE) Program in Sexual and Reproductive Health and Continuing Medical Education (CME) Program for Non-specialist doctors were offered.
- 2005 – The Osteoporosis Clinic and the Anita Mui Health Centre were opened.
- 2007 – The Tsuen Wan Centre was opened.
- Sex Therapy was launched.
  - The Breast Clinic was introduced.
- 2008 – Artificial Insemination by Donor Service was ceased.
- The “Youth Sexuality & Love Campaign” was launched.
- 2009 – The Tai Wai Clinic was opened.
- Hepatitis B Assessment Clinic was launched.
  - The Early Pregnancy Assessment Service was introduced.

2010s

- 2010 – The Association celebrated its 60th Anniversary.
- The 4th Asian Conference on Sexuality Education was held in Hong Kong for the first time.
- 2011 – The Mobile Clinic retired.
- Medical Termination of Early Pregnancy was introduced.
  - The FPA Jockey Club Teen Bean Mobile Classroom was launched.
- 2012 – The FPA Jockey Club Youth Zone was opened.

二零一三年

- 推出監測麻醉服務。
  - 開展夫精人工授精服務。
  - 開辦中年夫婦體格及關係評估服務。
- 二零一四年 – 開展為期三年的邊緣婦女群組之性與生殖健康教育計劃。
- 二零一五年 – 葵芳青少年保健中心開幕。
- 開設香港大學 — 家計會男科化驗所。
- 二零一六年 – 獲關愛基金委任，推行為期三年的「子宮頸癌疫苗注射先導計劃」。
- 二零一八年 – 推出「阿得與阿家」社交媒體宣傳計劃，開設 Instagram (IG) 帳號和臉書專頁。
- 本會與香港性教育、研究及治療專業協會聯合舉辦為期一年的認證課程「性教育專業證書課程」。

二零二零年代

- 二零二零年 – 推出家計會性健康網店。
- 二零二一年 – 獲李福和夫人家族慷慨捐款，設立「李福和夫人創新基金」，灣仔總會演講廳命名為「家計會李福和夫人演講廳」。
- 二零二二年 – 獲香港賽馬會慈善信託基金捐助，開展為期三年的賽馬會「50 展新晴」婦女健康計劃。

- 2013 – Monitored Anaesthetic Care Service was introduced.
- Artificial Insemination by Husband Service was introduced.
  - Check-up and Assessment for Mature Couples was introduced.
- 2014 – A three-year sexual and reproductive health education program for marginalized women’s groups was launched.
- 2015 – The Kwai Fong Youth Health Care Centre was opened.
- The HKU—FPA Andrology Laboratory was set up.
- 2016 – Appointed by the Community Care Fund to implement a three-year “Cervical Cancer Vaccination Pilot Scheme”.
- 2018 – The “Tak and Kar” Social Media Campaign on Instagram (IG) account and Facebook page were introduced.
- Launched a one-year accreditation course titled “Sexuality Education Professional Certification Course” jointly organized with The Hong Kong Association of Sexuality Educators, Researchers & Therapists (HKASERT).

2020s

- 2020 – Launched FPA Sexual Health e-Shop.
- 2021 – With the generous donation from the family of the late Mrs Laura Jee Li, “The Mrs. Laura Jee Li Innovation Fund” was set up and the Auditorium located in Wan Chai Headquarters was designated the “FPA Mrs. Laura Jee Li Auditorium”.
- 2022 – Funded by The Hong Kong Jockey Club Charities Trust to launch a three-year Jockey Club “Shining Journey 50+” Women Wellness Programme.