# 下生與生殖健康」研究 Reproductive Health

策略(三):就「性與生殖健康」、家庭計劃、家庭健康、青少年與性、最新避孕方法等,加強進行研究工作。

Strategy 3: Conduct and strengthen research in sexual and reproductive health, family planning, family health, youth sexuality, new contraceptive methods, etc.

# 性與生殖健康研究

研究小組委員會按照家計會的使命及 策略,計劃及監管性與生殖健康、家庭計 劃、家庭健康、青少年與性、嶄新避孕方 法、及其他有關方面的研究;而道德評審 委員會則審閱及批核研究建議書,以保障 研究對象的權益、安全及福利,以及家計 會的聲譽。

#### 青少年與性研究

家計會自一九八一年起,每五年進行 一次全港大型「青少年與性」研究,探討 青少年的性態度、知識及行為、拍拖、避 孕、家庭生活等,學者、政治決策者、服 務提供者及其他服務青少年的機構均對現 時的觀念與行為,以及過往的趨勢深感興 趣。下一屆的「青少年與性」研究將於二 零二一年進行。

# 香港家庭計劃知識、態度及實行 調查

家計會自一九六七年起,每五年進行 一次全港大型「香港家庭計劃知識、態度 及實行調查」。調查對象包括年齡介乎 15至49歲正值生育年齡的已婚或同居婦 女及其配偶,範圍涵蓋夫婦在結婚、家庭 計劃、懷孕、避孕及性關係等方面的知 識、態度及行為。下一屆的「香港家庭計 劃知識、態度及實行調查」將於二零二二 年進行。

## **Research in Sexual and Reproductive Health**

The Research Subcommittee plans and oversees research projects in sexual and reproductive health, family planning, family health, youth sexuality, new contraceptive methods and other related areas in line with the Association's mission and strategies whereas the Ethics Panel reviews and approves research proposals to safeguard the rights, safety and well-being of research subjects and the reputation of the Association.

### **Youth Sexuality Study**

The Association has been conducting territory-wide Youth Sexuality Study (YSS) every five years since 1981 to explore youths' attitude, knowledge and behaviour with regard to sexuality, dating, contraception, family life, etc. Current perceptions and practices as well as past trends are of interest to academics, policy-makers, service providers and other organizations working with youth. The next YSS will be conducted in 2021.

# Survey on Family Planning Knowledge, Attitude and Practice in Hong Kong

The Association has been conducting territory-wide Survey on Family Planning Knowledge, Attitude and Practice (KAP) in Hong Kong every five years since 1967. The survey population comprises married or cohabiting women in the childbearing age group of 15-49 and their spouses. The survey scope encompasses couples' knowledge, attitudes and behaviour with regard to marriage and family formation, pregnancy and contraception, and sexual relationships. The next KAP Survey will be conducted in 2022.

#### 醫學研究

醫療服務小組委員會審批醫學研究, 而道德評審委員會則按需要提供意見。年 內本會繼續參與醫學研究,主要與本地大 學合作,題目涵蓋節育及性與生殖健康方 面。

#### **Clinical Studies**

Clinical studies are considered, approved and reviewed by the Health Services Subcommittee. The Association's Ethics Panel provides input where necessary. During the year, the Association continued to participate in clinical research, mainly in collaboration with local universities, on topics related to fertility regulation and sexual and reproductive health.

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