

What is your Ideal Life Situation?



香港家庭計劃指導會
The Family Planning Association of Hong Kong

Please look at the picture below and answer the following questions.



1. How would you prioritize the aspects of "love", "study", "family", "interest", and "dream" in your life? Put the most important to least important from left to right.

_____ > _____ > _____ > _____

2. How do you prioritize "love"? Does love life occupy most of your time? Why and why not?

3. What makes a person's life balanced? Do you share similar views with your friends or family members?

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【 Teachers' Guidelines 】 :

1. In Question 1, teachers may ask students to discuss meanings of the mentioned aspects of life, such as “What is your dream?”, “Why do you think XX is more important than YY?”, “Who can tell me what ‘love’ really means?” Guide them to picture and think critically about the ideal form of each aspect. (For example : What is ideal love?)
2. In Question 2, teachers may ask students to discuss what are the pros and cons of over-emphasizing on love life or neglecting of it. Remind students to understand what love is, and to equip themselves to be involved in a love relationship in the future.
3. Remind students that an unbalanced development of life would happen if they spend too much time in a particular aspect only. Ask them “What needs to be improved?”, and “How would you improve it?”
4. Appreciate students' sharing, and encourage them to think analytically about their self-development.