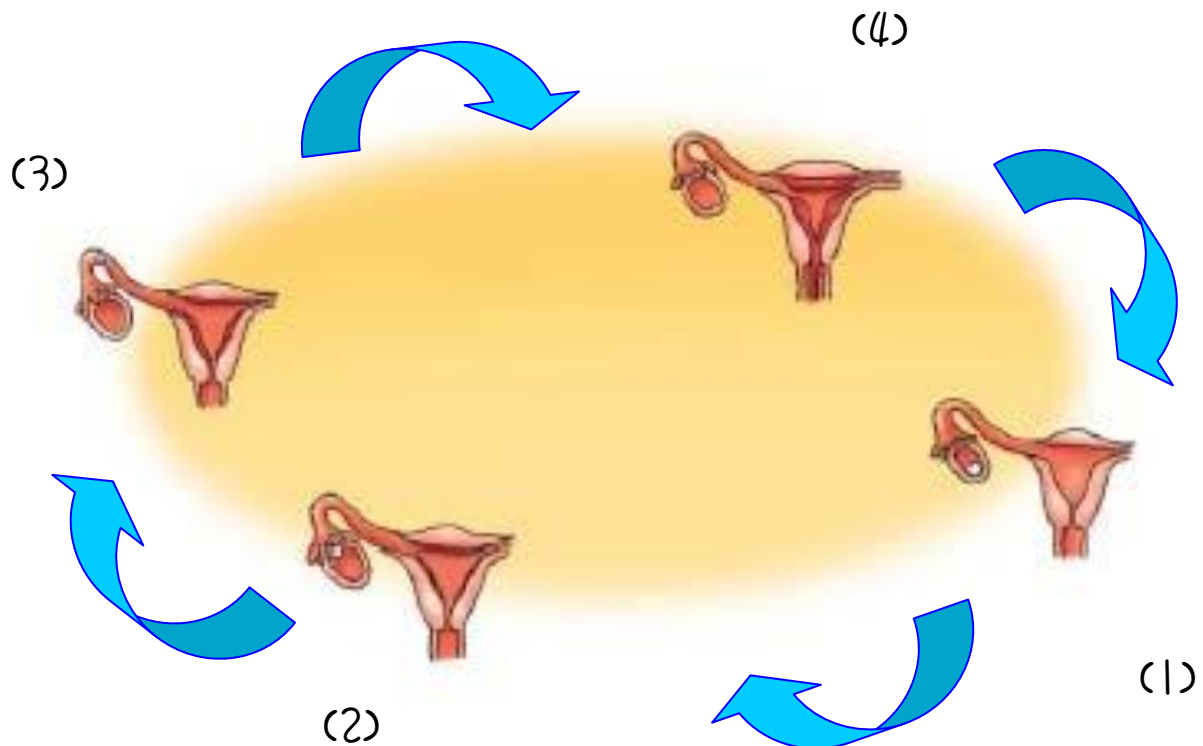




What is a Period?



Starting to have periods is probably one of the most important changes for girls. How much do you know about periods? Try and fill in the blanks below; the diagram above will help you understand how periods come about!

- (1) The physical changes take place in puberty will enable girls to start
 - a) _____ children. To prepare for the growth of
 - b) _____, the uterus becomes soft and spongy when its lining is thickened, which allows the fertilized ovum to embed itself in it.
- (2) The matured ovum leave the c) _____ and enter the uterine tube, waiting to be united with the d) _____ to make one new cell.
- (3) The e) _____ is thickened.
- (4) If the f) _____ has not been fertilized, it will start to disintegrate, and be discharged
 - g) _____ weeks from the
 - h) _____ after ovulation. This is called periods.



Ans : a) producing b) fetus c) ovary d) sperm
e) uterine lining f) ovum g) two h) vagina