

Objectives _____

1. To enhance and update nurses' knowledge of Sexual and Reproductive Health
2. To understand the role of nurses in promoting Sexual and Reproductive Health
3. To strengthen nurses' confidence in dealing with reproductive health and sex-related issues in their work

Duration _____

11, 18, 25 Nov & 2 Dec 2021

Time _____

6:00 - 7:30 p.m.

Course Mode _____

Zoom - online interactive platform

Target Audience _____

Registered Nurse, Enrolled Nurse, Registered Midwife or any interested health care providers

Enrollment Limit _____

80 participants for each lecture

Medium of Instruction _____

Cantonese (supplemented by English)

CNE Points _____

1 CNE point will be carried for 1 hour, i.e. 1.5 CNE points will be carried for each lecture of 1.5 hours and a total of 6 CNE points for the whole program (FPAHK is the accredited CNE provider by the Nursing Council of Hong Kong)

Award _____

Electronic Certificate of Attendance will be sent to each participant by email upon completion of the program

Course Fee _____

HK\$250 per lecture (HK\$900 for full enrollment)

Closing Date _____

3 Nov 2021

Enrollment Methods _____

Online Application & Payment



Bank Deposit

A completed enrollment form together with the copy of the bank-in slip (HSBC Bank Account No. 024-012767-002; Organization Name: The Family Planning Association of Hong Kong) should be sent to sexedu@famplan.org.hk by email.

By Mail

A completed enrollment form together with a crossed cheque should be made payable to "The Family Planning Association of Hong Kong", and sent to "CNE Program 2021 in Sexual and Reproductive Health", Education Division, The Family Planning Association of Hong Kong, 10th Floor, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong

Remarks _____

- A Zoom Meeting ID link will be sent to all applicants by e-mail 1-2 day(s) before the start of each lecture.
- Please make photocopy or download the application form from the FPAHK website at www.famplan.org.hk if necessary.
- Applicants will be informed by mail/e-mail one week before the start of the program.
- Course fees are non-refundable except in the event of course cancellation or over-enrollment.
- No changes are allowed after submission of the enrollment form.
- If Red Rainstorm Signal is hoisted by the Hong Kong Observatory, please pay attention to our web announcement. All programs will be postponed if Tropical Cyclone Warning Signal No. 8 or Black Rainstorm Warning is hoisted 3 hours before the talk. Participants will be contacted in due course to make alternative arrangements for the programs. Programs will proceed as normal if Tropical Cyclone Warning Signal No. 8 or Black Rainstorm Warning is lowered 3 hours before the talk. Please visit FPAHK website for more details.

Enquiries

2919-7734 (Education Division)

www.famplan.org.hk

Continuing Nursing Education (CNE) Program

持續護理教育(CNE)課程



香港家庭計劃指導會
The Family Planning Association of Hong Kong

Sexual and Reproductive Health

(Carrying 6 CNE Points)



2021



Continuing Nursing Education (CNE) Program 2021 in “Sexual and Reproductive Health”

Name : (in Chinese) _____ Sex: Male Female

(in English) _____

Correspondence Address: (Flat / Room) _____ (Floor) _____

(Block) _____ (Name of Building) _____

(Name of Estate / Number and Name of Village) _____

(Number and Name of Street / Lot Number) _____

(Area and District Name) _____ (HK / Kln / NT)

Telephone Number: (mobile) _____ (office) _____

Email Address: _____

Title: _____ Unit: _____ (Hospital / Clinic)

- Lectures: 1. Myths and Misconceptions about Contraception (11 Nov 2021)
 2. Management of Female Urinary Incontinence (18 Nov 2021)
 3. Facts & Myths about Different Healthy Diets (25 Nov 2021)
 4. Women's Health in Menopausal Transition (2 Dec 2021)

Enrollment : HK\$250 x _____ (no. of lectures) = HK\$ _____
 Full Enrollment: HK\$900

Payment Method: Bank Deposit
 Crossed Cheque (Cheque Number: _____)

Date : _____ Signature of Applicant: _____

Participation in previous Sexual and Reproductive Health CNE Program organized by FPAHK. Yes No

Would you like to receive other course or seminar information from FPAHK in future? Yes No

For Official Use Only Receipt No.: _____

“Sexual and Reproductive Health” Continuing Nursing Education (CNE) Program

Lecture Content _____

1. Myths and Misconceptions about Contraception

Date : 11 Nov 2021 (Thu)

Lecturer : **Dr. Li Hang-wun, Raymond**

*Specialist in Obstetrics and
Gynaecology*

Dr. Yung Shuk-fei

*Specialist in Obstetrics and
Gynaecology*

Content : Explore the myths and misconceptions on contraception; Clarify on the indications, adverse effects, contraindications and precautions of specific contraceptive methods

2. Management of Female Urinary Incontinence

Date : 18 Nov 2021 (Thu)

Lecturer : **Dr. Cheon Willy, Cecilia**

*Specialist in Obstetrics and
Gynaecology*

Content : The causes, symptoms, diagnosis and treatment of urinary incontinence in women

3. Facts & Myths about Different Healthy Diets

Date : 25 Nov 2021 (Thu)

Lecturer : **Miss Ng Yin-chee, Rhoda**

Registered Dietitian

Content : Explain some misunderstandings and facts about different healthy diets; Provide suggestions for improving health through daily diet

4. Women's Health in Menopausal Transition

Date : 2 Dec 2021 (Thu)

Lecturer : **Dr. Wong Ching-yin, Grace**

*Senior Doctor of FPAHK &
Specialist in Obstetrics and
Gynaecology*

Content : Symptoms and health risks in menopausal transition; Counseling of women on lifestyle modifications in menopausal transition; Use of hormone replacement therapy in current perspective.